GALA Partnership for Success: Preventing Teen Substance Abuse and Suicide on Guam

Substance use & Guam’s LGBT Community:

- 48.9% of LGBT over the age of 18 who took GALA’s Health & Wellness Survey reported that they currently smoked cigarettes.
- 50.6% of LGBT survey respondents reported being current drinkers. Drinking an average 7.7 drinks.
- 22.2% of LGBT survey respondents reported misusing prescription drugs not as prescribed by a physician.
- 75.3% of LGBT survey respondents reported recreational use of marijuana.

24.2% of LGBT survey respondents reported ever using crystal meth (ice) in their lifetime.

Suicide, Bullying & other Behavioral Health Concerns:

- 37% of survey respondents reported ever being bullied in their lives.
- 25% of survey respondents reported telling someone they were going to commit suicide.
- 19% of survey respondents reported that a health professional told them they had mood disorder (major depression, dysthymia).

OUR COMMITMENT to preventing Substance Abuse and Suicide:

- Village Based Workshops (StoryTelling for Empowerment) at Sinajana, Inarajan, Santa Rita & Dededo
- Tobacco Cessation Workshops
- Health and Wellness Program promoting physical fitness & positive health outcomes
- Policy Advocacy

Program is open to youth ages 12 to 24

TO LEARN MORE CALL: 969-5483

Survey results are reflective of only those taking GALA’s Health & Wellness Survey and cannot be generalized beyond the sample pool. A total of 237 people completed the surveys conducted in 2014-2015. PPS is funded by a grant from the Guam Behavioral Health & Wellness Center, Prevention and Education Training branch.